



## MAY 2017: K-8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Popcorn Chicken</b> Dipping Sauce Cup  Rold Gold® Heartzels  <u><b>Eat Your Colors</b></u> Orange Roasted Carrots	2 <b>100% Beef Hamburger Sliders</b> Deluxe Toppings  <u><b>Eat Your Colors</b></u> French Fries	3 <b>Roasted Guisada Chicken Drummie</b>  Yellow Rice & Beans  <u><b>Eat Your Colors</b></u> Garlicky Green Beans	<b>New York Thursday 4</b> <b>Mozzarella Sticks</b> Marinara Sauce  <u><b>Eat Your Colors</b></u> Broccoli Trees <b>Fresh New York Apples</b>	5 <b>Macaroni and Cheese</b>  Warm Dinner Roll  <u><b>Eat Your Colors</b></u> Roasted Chick Peas
8 <b>Crispy Chicken Sandwich</b> Lettuce and Tomato  <u><b>Eat Your Colors</b></u> Cucumber Slices	9 <b>Fish &amp; Cheese Sandwich</b> Deluxe Toppings  <b>New York Cookie Treat</b>  <u><b>Eat Your Colors</b></u> Sweet Potato Waffle Fries	10 <b>Bite Size Tacos</b> With Fresh Toppings Taco Sauce  Baked! Tostitos® Scoops®  Brown Rice  <u><b>Eat Your Colors</b></u> Black Bean Salsa	<b>New York Thursday 11</b> <b>Jamaican Patty</b>  <b>New York Cookie Treat</b>  <u><b>Eat Your Colors</b></u> French Fries <b>New York Apple Slices</b>	12 <b>Macaroni and Cheese</b>  Warm Dinner Roll  <u><b>Eat Your Colors</b></u> Green Garden Salad
15 <b>Popcorn Chicken</b> Dipping Sauce Cup  <b>Toasty Breadstick</b>  <u><b>Eat Your Colors</b></u> Cold Bean Salad	16 <b>Turkey Burger</b> Deluxe Toppings  Rold Gold® Heartzels  <u><b>Eat Your Colors</b></u> French Fries	17 <b>Mozzarella Sticks</b> Marinara Sauce    <u><b>Eat Your Colors</b></u> <b>Roasted Zucchini</b>	<b>New York Thursday 18</b> <b>100% New York Beef Cheeseburger</b> Deluxe Toppings    <u><b>Eat Your Colors</b></u> Sweet Potato Wedges <b>Fresh New York Apples</b>	19 <b>Macaroni and Cheese</b>  Warm Dinner Roll  <u><b>Eat Your Colors</b></u> <b>Kale Salad</b>
22 <b>Popcorn Chicken</b> Dipping Sauce Cup  Dinner Roll  <u><b>Eat Your Colors</b></u> Italian Chickpeas	23 <b>100% Beef Cheeseburger</b> Deluxe Toppings    <u><b>Eat Your Colors</b></u> Sweet Potato Waffle Fries	24 <b>Teriyaki Chicken Sliders</b>      <u><b>Eat Your Colors</b></u> Roasted Cauliflower	<b>New York Thursday 25</b> <b>Steak and Cheese Empanada</b>  <b>New York Cookie Treat</b>    <u><b>Eat Your Colors</b></u> Sweet Plantains <b>New York Apple Slices</b>	26 <b>Macaroni and Cheese</b>  Warm Dinner Roll  <u><b>Eat Your Colors</b></u> Green Garden Salad
<b>MEMORIAL DAY 29</b> <b>Popcorn Chicken</b> Dipping Sauce Cup  Rold Gold® Heartzels  <u><b>Eat Your Colors</b></u> Orange Roasted Carrots	30 <b>100% Beef Hamburger Sliders</b> Deluxe Toppings    <u><b>Eat Your Colors</b></u> French Fries	31 <b>Roasted Guisada Chicken Drummie</b>  Yellow Rice & Beans    <u><b>Eat Your Colors</b></u> Garlicky Green Beans	 <p><b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</b></p>	
		 <p><b>8-12 May 2017</b></p>		
				

**Offered Daily:** Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, PB&J, and Cheese Sandwiches

**Spice Station:** Granulated Garlic, Red Pepper Flakes, Oregano

**Dressings:** Ranch, Honey Mustard, French

**Condiments :** Ketchup, Mustard, Mayonnaise, Hot Sauce, BBQ Sauce

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MENUS ARE SUBJECT TO CHANGE